

8 DECEMBER — PATIENT

READING: 2 PETER 3:8

HERE IS ONE THING YOU MUST NOT FORGET. WITH THE LORD A DAY IS LIKE A THOUSAND YEARS. AND A THOUSAND YEARS ARE LIKE A DAY.

Lead Story Headline

“Patience is a Virtue” is a saying we have all heard. The ability to wait for something without getting angry, upset or giving up is seen as a valuable quality in a person. This year has sorely tried all our patience but it is important to remember that God is still in control and his timing is not our timing.

While we wait, there are some things that we can do:

- Remember to relax and unwind
- Practice meditation
- Accept our current situation
- Practice listening
- Don't worry about the small things
- Don't forget to laugh!



PRAYER:

LORD GOD, THE MAKER AND REDEEMER OF ALL, AS WE COME BEFORE YOU IN GRIEF AND PRAISE THIS DAY, COMFORT US WITH YOUR PRESENCE, MAKE US ATTENTIVE TO YOUR VOICE, AND SUSTAIN US WITH THE HOPE OF YOUR KINGDOM; THROUGH JESUS CHRIST OUR LORD. AMEN.

Enrichment

Israel and her prophets waited for many years for the promised Messiah. James 5:10-11 celebrates their patience and perseverance.

“Take the old prophets as your mentors. They put up with anything, went through everything, and never once quit, all the time honouring God. What a gift life is to those who stay the course! You’ve heard, of course, of Job’s staying power, and you know how God brought it all together for him at the end. That’s because God cares, cares right down to the last detail.” (The Message)

Things to do

- Advent is a time of waiting and patience as [this video](#) explains.